

**THE FUTURE OF TRAINING IS HERE**

**GET YOUR PHD  
WITH  
PUCK UNIVERSITY**



# WHAT WE DO

## The Most ~~Ex~~-Inclusive Training Curriculum Anywhere!

Traditional training methods include private lessons, camps, clinics, and off-ice training. Why not brain training as well to help you improve your *Hockey IQ*? Video Coaching is done in the NHL and many more professional hockey leagues everyday. This is why we believe Video Coaching has the ability to improve each players *Hockey IQ* from the comfort of their own home! Technology has allowed us to evolve the way we teach, and we want to utilize it to the fullest extent. Our Puck University Professors are students of the game and have developed a curriculum that analyzes different scenarios from various hockey games and have broken out each finding into a lesson for you.



# VIDEO TRAINING CURRICULUM

We want to help improve your Hockey IQ. Puck University offers a video coaching curriculum for Ice Hockey players using unique and innovative training methods in order to draw the best out of each of our players. These methods focus on the mental part of the game. Teaching intellectual hockey, and cognitive thinking is our goal, with the results coming in the form of a deeper understanding of the game and increased creativity. We also want to arm our players with the ability to analyze their own game from an intellectual point of view. Training may include but is not limited to visualization exercises, imagination re-development, and playing specific styles of video games (we're not kidding)!



# PUCK UNIVERSITY PROFESSORS

At Puck University, we aren't only a video coaching curriculum that increases your players *Hockey IQ*. We have high level Professors that love to teach the game of hockey to your players and parents (yes, we said parents too)! We strive for:

- **Efficiency** within our coaching model, so your players coaches can focus on practicing and not explaining the strategy behind the drills.
- Being a **resource** to players and parents with hockey related questions.
- Your player and parents will get **direct access** to Puck University Professors and have their questions answered weekly (in real time) during the 30 minute session.
- **Relationship building** within our community. When your player partners with Puck University, your players are getting access to a great hockey community..



# HOW IT WORKS

## HOW IT WORKS:

This video coaching curriculum has helped many Puck University Students improve their *Hockey IQ*. We connect you with high level Puck University Professors once a week for a 30 minute video training session, where you will be joined with other hockey players that are in your age group. Each player will receive four 30 minute video training sessions a month and have the ability to have their questions answered in real time during these sessions.



# WHAT EXACTLY DO I GET AND HOW MUCH IS IT?

- Access to the official Puck University Video Training Curriculum
- Access to the Puck University Private YouTube Channel
- Access to Puck University's Community of hockey players in weekly video sessions
- Four 30 minute video sessions a month (once a week)
- 10% off Puck University Merchandise
- Direct access to High Level Puck University Professors
- Questions answered in real time by Puck University Professors during the weekly 30 minute video session
- A webpage within Puck University's official website where you can have your hockey questions answered by a Puck University Professor

## HOW MUCH:

- \$119.99 monthly

# QUESTIONS?

- Please email:

[info@thepuckuniversity.com](mailto:info@thepuckuniversity.com)

- Website:

<https://www.thepuckuniversity.com/>

